

RAINBOW MESSENGER
APRIL, 2005



WALKING: The banquet room will open for walking most weekday mornings at 8:00 a.m. If you walk 25 laps around the room you've walked a mile. The room is climate controlled for your comfort. On **Wednesday, April 13th**, please wait until **9:00 a.m.** to start walking.



FITNESS ROOM: Our fitness room is open from 8 a.m. to 3:45 p.m. for you to use. We ask you to sign-in and out at the receptionists' desk. The fitness room is located in the lower level. We have 2 treadmills, 3 recumbent bicycles, another stationery bike, plus a "Cybex" machine that gives you several different exercises to workout for different areas of the body.



BILLIARDS/POOL: You can enjoy playing pool Monday, Tuesday, Thursday and Friday from 8:00 a.m. to 3:45 p.m. We request you not **start your games on Wednesdays until 1:00 p.m.** We have a full size pool table plus a bumper pool table for you to play. Thanks for your cooperation.



EXERCISE CLASS: Mondays and Thursdays our Exercise Class meets at 9:00 a.m. Our exercises are designed to keep your joints limber. We finish with the "Chicken Dance" and the "Hokey Pokey".

TCE/VITA TAX ASSISTANCE: The local Center's: Older Americans, Huntingburg and Ferdinand will offer income tax assistance for Senior Citizens. Volunteers will be available to file your income taxes by appointment. The following gives each Center's date and time the volunteers will be available. Please call for an appointment first.

OLDER AMERICANS will have volunteers available on **Mondays and Fridays during April**, Friday, April 1st, Monday, April 4th, Friday, April 8th, Monday April 11th and Friday, April 15th. Call: **482-4455** to make an appointment.

HUNTINGBURG SENIOR CENTER will take appointments for Mondays. To make an appointment call: **683-2994**.

FERDINAND SENIOR CENTER will offer assistance on Tuesdays to file income taxes by appointment. To make an appointment call: **367-2300**.

BIRDSEYE area call: **389-2902** for appointments only.

BE SURE TO BRING: Copy of last year's tax returns (**2003**), all forms – W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income.) **Please wait until you have all of your papers before making an appointment.**

NOTE: Volunteers may not be in if they don't have an appointment since this is close to April 15th.



FREE COMPUTER ASSISTANCE:

Do you have questions about how to use a computer? E-Mail? Use the Internet? Or anything else you would like to learn? We have Volunteers that come in on Wednesday mornings from 9:00 to 10:30 a.m. They will be glad to answer your questions and give you helpful tips!! The Computer Lab will be busy on Mondays and Fridays, April 1st, 4th, 8th, 11th and 15th as we will be preparing taxes. Thanks for your cooperation.

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GAMES: Every Friday we offer games all day until 3:45 p.m. Bring your friends in for a fun afternoon. We have several different games for you and your friends to play. They are Rummicube, Double Nine Domino's, Scrabble, Tripoley and of course cards. These games are in the TV room on the main floor and available Monday-Friday for your enjoyment from 8:00 a.m. to 3:45 p.m. The computer lab has games on the computers which are available most Tuesday, Wednesday and Thursdays from 8:00 a.m. to 3:45 p.m. until the 15th, then Monday thru Friday the rest of the month. We also have: Ping Pong, Bumper Pool, Pool/Billiards and a portable Shuffle Board Court in the lower level. These games are available 8:00 a.m. to 3:45 p.m. weekdays except Wednesday, when we ask you to please wait until 1:00 p.m. to start your games.

SUNDAYS AT THE CENTER: Would you like the Center open on Sunday afternoons? If so, it is up to you to volunteer to open. Please call the Center at: 482-4455 the Monday before to volunteer so I can get it in the paper. If someone volunteers to open the Center, the **Sunday hours are: 1:30 to 4:30 p.m.**



CRAFTY CREW: Come and "Paint It" or "Craft It" and have fun with us. Learn new techniques every Tuesday from 9 a.m. – 12 p.m. Class fee \$1.00,

includes use of some supplies.

Schedule for April:

April 5 th	- Gilded Mirrors
April 12 th	- Wreaths
April 19 th	- Memory Bracelets
April 26 th	- Fairies



SINGING SENIORS: Join the Singing Seniors on Fridays at 10:00 a.m. in the banquet room. If you like to sing, come and join us. We'll be performing at Northwood Good Samaritan Nursing Center in Jasper Friday, April 22nd at 10:00 a.m.

CARD TOURNEYS: **Sheephead Tourney** – Thursday, April 7th and **Euchre Tourney** – Thursday, April 21st. Both tourneys start at 12:00 (noon) and consist of six (6) games a tourney. Entry fee is \$1.00 each. Prizes are awarded. Please sign-up by 10:00 a.m. the morning of the tourney. Hope you will join us!!



BLOOD PRESSURE CHECKS will be held on **Tuesday, April 12th** from 11:30 a.m. to 12:00 noon.

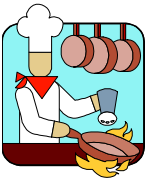
BINGO: BINGO, BINGO, HOW WE LOVE BINGO!! Quicker, easier collecting for bingo lovers!!! We are making some changes in the way we run bingo to hopefully make it more enjoyable for all involved. Please bear with us until we adapt. Starting **Tuesday, April 12th** we will not only need the number of cards you will be playing but will be collecting \$1.00 per card. We are going to play 50 games per day at \$.02 a card which equals \$1.00 per card. If you play 4 cards, you will need to pay \$4.00, etc. If you are only going to stay until break, you pay only \$.50 per card for the day. Sorry but these will be your only options 25 or 50 games. We will not be having a coverall game. Someone will be collecting money starting at 11:30 a.m. so games can start promptly at 12:00 p.m. Change is not always easy at first but I do believe once we all catch on things will go smoothly. Our goal is to make it as simple and enjoyable for all in attendance. Don't forget our 2nd Bingo is on **Tuesday, April 26th**.

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MOVIES & POPCORN: This month we are planning to see “SEABISCUIT” on **Wednesday, April 20th** starting at 1:00 p.m. According to the reviews this movie is a true story of a little horse with spirit, determination and attitude who beat the odds of becoming a champion racehorse, ... that is nothing short of a miracle and an inspiration to the world!

LUNCH OUT: This month we'll try Emma's Country Buffet on **Wednesday, April 6th**. (In the former Denny's Restaurant.) We will meet there at 12:30 p.m. Call the Center by 3:00 p.m. on **Tuesday, April 5th** for reservations. Remember Lunch Out is dutch treat.



CATERED MEAL: Barnyard Bar-B-Q will be our caterer this month! Mark your calendars for **Thursday, April 14th**. We will eat at 11:30 a.m. Our menu is as follows: Roast Beef & Gravy, Mashed Potatoes, California Blend, Green Beans, 7-Layer Salad and Iced Tea. **Reservations are due** to the Center by noon on **Friday, April 8th**. Cost of the meal is \$6.50, please bring correct change. Bring your friends in for a delicious meal on **Thursday, April 14th**.



QUILTING BEE'S: We will hold the April quilting bees on **Monday, April 11th** and **April 25th**. Our quilting bees run from 9:00 a.m. to 3:00 p.m. All quilters are invited. The Center will provide lunch for all quilters. Hope you can attend, every stitch counts!!



LINE DANCE CLASSES: Starting Wednesday, April 6th Line Dancing will meet from **6:30 to 8:00 p.m.** for the summer time. Come join the fun at the Arnold F. Habig Community Center on Wednesday evenings. Line Dancing Classes are instructed by LaVerne Lechner. These classes are for Dubois County Senior Citizens 55 years and older. They are designed for beginners. All persons attending should wear tennis shoes. Class sessions will cost \$3.00 per dancer, payable each session. For more information call 482-4455. Hope to see you there!!

CITY WEB SITE: The City of Jasper has a new web site. It is: www.jasperindiana.gov. You will then be in the home page. To be able to pull up our Monthly Calendar click on:

- City Departments
- Click - Park & Recreation
- Click - Older American

Then put curser on Older American Activities and you will have three (3) choices to pick from.

Also: on the Home Page go to City Calendar and click on Senior Activities and that will give the month of events for the Older Americans. If you have any questions, please feel free to call us at: 482-4455 and we will be more than happy to help you. Welcome to the new Web Site.

TRIP: Casino Aztar – **Monday, April 4th**, leave the Armory Parking Lot at 8:00 a.m. Pick-ups made in Huntingburg if requested on the way down. Be sure to bring a photo ID (drivers license, government ID card in case you win the BIG MONEY). The manifest for Casino Aztar will be passed around on the bus to be filled out. Good Luck and enjoy the day!!

FUTURE TRIP: Please watch the paper for the information on our trip in May. The sign-up may be in April.

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SENIOR DRIVING COURSE:

Generations and four (4) of the area Center's are offering AARP DRIVER SAFETY PROGRAM. The Older Americans will offer the class on

Monday, April 18th (9 a.m. to 5 p.m.) as a one (1) day session. Cost is \$10.00 which includes lunch. Pre-registration is required. Try to register by Monday, April 11th. Call the Center at: 482-4455 or Generations at: 1-800-742-9002 for information on registration.

If unable to attend, try one of the following:

Glenburn Community and Wellness Center in Linton on Wednesday, May 11 / 9 a.m. to 5 p.m., phone: (812) 847-2221.

YMCA Bettye J. McCormick Senior Center in Vincennes on Saturday, June 25th / 9 a.m. to 5 p.m., phone: (812) 882-2285.

Huntingburg Senior Center in Huntingburg on July 26th and July 27th / 9 a.m. to 1 p.m. both days. Phone: (812) 683-2994.

Call Generations at: 1-800-742-9002 to register.

FOR YOUR INFORMATION: Next month's newsletter will be available the last week of this month.

THANK YOU!!

THANK YOU: On behalf of the R.S.V.P. and Older Americans we would like to thank everyone who helped in any way with our Carnation Sale on March 17th and 18th. Also thank you to those Coloring Easter Eggs. These are major money raisers for both organizations. Your help was very much appreciated!!!



HAPPY APRIL BIRTHDAYS!

8 th	Urban Eckert
8 th	Mary Miller
9 th	Dorothy Lechner
12 th	Jean Walters
12 th	Meleties "Mel" Weyer
13 th	Frieda Messmer
14 th	Betsy Schuch
15 th	Cyrilla Fromme
19 th	Albert August
24 th	Matilda Burger
25 th	Mary Catherine Stemle
28 th	Norida Hilgeman
29 th	Marian Rohleder



HAPPY APRIL ANNIVERSARIES!

4 th	Mr. & Mrs. Frank Lee
23 rd	Mr. & Mrs. Aloysious Welp
30 th	Mr. & Mrs. Jerry Summers

AARP NEWS: The Dubois County Chapter will hold their regular meeting on **Wednesday, April 13th at 1:30 p.m.** at the Arnold F. Habig Community Center. Games will be played.

Board meeting will be at 12:30 p.m.